



*People of the Heart*  
**Summer Calendar 2010**



Space is limited in some events. Therefore your help with tracking and responding in a timely manner is important and will create less stress on our end. Please REPLY or RSVP to the listed email address as requested.\* Thank you in advance! Namasté.

JUNE	SATURDAY	5	<b>Braided Way Sangha Candlelight Meditation Service</b> 4:45–6:30pm: Followed by vegetarian potluck. Rev. Jayna Gieber, Order of Interbeing member in the tradition of Thich Nhat Hanh, leads the Braided Way Sangha with help from seasoned sangha stewards.
	SUNDAY	6	<b>POTH Board of Directors Meeting</b> 4:00–6:30pm You may contact POTH at <a href="mailto:Heartpeople@aol.com">Heartpeople@aol.com</a> or 360.666.4942 if you wish to come sit in.
JULY	SATURDAY	3	<b>Braided Way Sangha Candlelight Meditation Service</b> 4:45–6:30pm: Followed by vegetarian potluck. Rev. Jayna Gieber, Order of Interbeing member in the tradition of Thich Nhat Hanh, leads the Braided Way Sangha with help from seasoned sangha stewards.
	FRIDAY	16	<b>Nonviolent Communication Workshop with Jon Gieber</b> 10:00am–4:00pm Contact <a href="mailto:aiyanagoo@gmail.com">aiyanagoo@gmail.com</a> for details
	SATURDAY	17	<b>New Moon Women's Sweat Lodge Ceremony</b> 11:00am Please RSVP attendance by 7/1 and your willingness to help to coordinator Carolyn Cook at <a href="mailto:sweatlodge@peopleoftheheart.com">sweatlodge@peopleoftheheart.com</a>
	SATURDAY	31	<b>Summer Community Sweat Lodge Ceremony</b> 4:30 pm RSVP attendance by 7/15 and your willingness to help to coordinator Rick Sievers at <a href="mailto:sweatlodge@peopleoftheheart.com">sweatlodge@peopleoftheheart.com</a>
AUGUST	SATURDAY	7	<b>Summer Retreat Day of Mindfulness and Peace</b> 9:30am–4:00pm RSVP by 7/25 to coordinator Karen Riggs at <a href="mailto:retreats@peopleoftheheart.com">retreats@peopleoftheheart.com</a>
	SATURDAY	7	<b>Braided Way Sangha Candlelight Meditation Service</b> 4:45–6:30pm: Followed by vegetarian potluck. Rev. Jayna Gieber, Order of Interbeing member in the tradition of Thich Nhat Hanh, leads the Braided Way Sangha with help from seasoned sangha stewards.
	SUNDAY	15	<b>Abundant Life Center—"Right Action: Ground Upon Which To Stand"</b> Inspirational Message With Rev. Jayna Gieber 10:00am at Quality Inn Meeting Center: 7001 N.E. Highway 99 , Vancouver, WA, US, 98665
	SATURDAY	21	<b>Couples Daylong Retreat with author/teachers Peggy Rowe and Larry Ward</b> Contact POTH for more information.

\*Dates will be posted on POTH website. There will be one reminder notice prior to each event.